



SHARINA AMBASSADORS Miss World Miss Universe & More

URGENTWAY Primary Care &

Urgent Care Center





vitamins for HEALTHY HAIR









CONTRIBUTION

POWER OF SEO

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MYOFASCIAL

ENANGA MBESA Miss Wisdom World Cameroon 2021

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A World Of Possibilities, Opportunities, Encouragement, And Networking Resources

Sharina World Leadership Team

Welcome Dear Reader!

It is an absolute pleasure to welcome you all to the much awaited Fourth Edition of the Sharina World Beauty Magazine. You all are a super star and our dedicated team makes sure that you have a great super star experience every time you visit.

Our staff works tirelessly to bring you the most thoughtful points of view, professional tips, and inspirational stories through our Sharina World Beauty Magazine. We aim to empower and inspire our readers to be involved and have a positive impact locally, nationally, and internationally. If you find our content relatable, like and share it among others. Don't forget to follow us on our social media handles. We look forward to serving you now and in the future as we embark on a journey through the world to bring insightful, inspirational, and educational material to life.

It is an honor to have you as a regular visitor, and we would like to thank you for being a part of this

journey.

Sharina World believes in giving back to the community and appreciates all the contributions and support from the Ambassadors.

A special thanks to the UrgentWay Team for successfully performing over 50,000 COVID-19 tests over the year and for contributing over \$1 million. Together we can achieve more and make a positive impact.

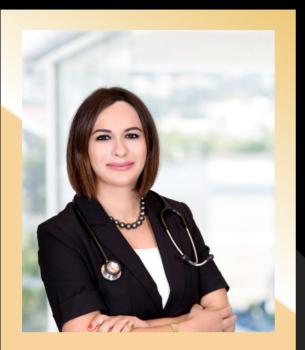


Arjumand J. Khan (Shan) CIA, CPA, & Executive MBA Chairman & Chief Executive Officer





Fourth Edition Top Contributors



Dr. FAIKA KHAN CHIEF MEDICAL OFFICER



SHAN KHAN CHIEF EXECUTIVE OFFICER SAHIL KHAN CHIEF DEVELOPMENT OFFICER



OLGA PERSTNEVA CHIEF PROGRAM OFFICER







Supervisor Joseph Saladino, Councilwoman Vicki Walsh, and Receiver of Taxes Jeffrey Pravato have been instrumental in raising awareness and controlling the spread of COVID-19 in New York. We are thankful to them, our team, and everyone else for their support in this noble cause.

Get tested for COVID-19 in a safe environment and take measures to protect yourself and your loved ones.





UrgentWay provides both urgent care and primary care services. Our highly qualified healthcare professionals can help you with any of your healthcare needs. We welcome walk-in visits or avoid waiting by scheduling an appointment online at https://bit.ly/3p5l08Y or call us at (877) 276-9006.

- Convenient Locations
- Safe & Friendly
 Environment
- Timely Results Online
- Most Insurances
 Accepted
- COVID-19 Testing
- COVID-19 Vaccines







Zerona Laser Treatment At UrgentWay

UrgentWay uses FDA-approved Zerona lasers to deliver exceptional results to patients seeking a safer alternative to painful and invasive fat reduction surgeries.

Zerona laser is the first non-invasive body contouring method that removes excess fat from the hips, waist, and upper arms.

What Is The Process?

Zerona technology uses low-level lasers to target fat cells. The area receiving treatment shrinks as the fat cells become smaller. It is simple and safe.

- The laser creates tiny pores in cells
- Through the pores, fatty material escapes from the cells
- It flows naturally into surrounding tissue
- The fat is controlled by the lymphatic system and used to fuel the cardiovascular system

Benefits Of Zerona Laser Treatment

For comprehensive fat reduction, our practice has Zerona laser treatment. All plans and procedures are created by experienced physicians who have the appropriate certifications for body contouring.

Additional benefits include:

- No painful procedures
- There is no swelling, redness, or bruises
- You can go back to work immediately and continue your family life
- Personalized treatment plans for each patient
- Targets the hips and thighs as well as the waist.
- Zerona has been approved for upper arms
- FDA-approved procedures
- In as little as two weeks, you can see the results

➤ Laser Treatment



This procedure will not cause any downtime, scarring, or swelling and you can carry on with your daily activities.

Zerona laser treatments are a great alternative to surgery for those seeking to reduce fat in specific areas. If you are interested in learning more about this procedure, then contact UrgentWay today. We offer free consultations so that you can make an informed decision about whether Zerona is right for you. Don't wait – call us today!



Lower Back Pain Treatment With Erchonia FX635

The First And Only Laser For Chronic Lower Back Pain Treatment

FDA has approved this laser for chronic lower back pain treatment. This was done in a double-blind, placebo-controlled clinical trial. Participants in the trial experienced a 58% reduction in pain after a 2-month follow up evaluation. The trial proved that the FX635 was effective in chronic lower back pain treatment. The FX 635 was cleared in record time. This is a significant breakthrough for pain management and the fight against opioids.

Fastest Way To Treat Plantar Fasciitis

Plantar fasciitis can now be treated with a laser to relieve pain and inflammation in the heel. Clinical trials have shown that our FDA-approved laser can effectively treat this condition. This low-level laser technology has the ability to reduce inflammation and pain in the plantar fascia within weeks. It can also help you get back to your active lifestyle.

Laser Erchonia EVRL

Violet And Red Laser

The EVRL harnesses the power of both violet and red low-level lasers to treat a wider range of conditions. It uses low-level laser therapy (LLLT), which is safer and more effective than other cold lasers. This combination of lasers can treat a wide range of conditions.

- Shoulder and neck pain
- Acne
- URGENTWAY WALK-IN MEDICAL CENTER



ERCHONIA FX635

Treating Chronic Low Back Pain

- FDA Approved
- Non-Invasive
- Pain-Free
- Target Pain Points
- Promote Healing Naturally
- Reduces Inflammation
- Without Side Effects

Plantar Fasciitis





Chronic Heel Pain





- Low Back Pain
- Plantar Fasciitis
- Chronic Heel Pain
- Neck Pain
- Musculoskeletal Pain







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BE HEARD, BE KNOWN ... BE A STAR!

Get Featured Among Global Talented Stars To Promote And Connect Yourself For Success And Stardom!

Click Here To Share Your Inspirational Story

Sharina World Beauty Magazine Editions



DREAM VACATIONS



CBV CLINICS

MARKETING

WORLD

CREDIT REPAIR CLINICS

AZIT

CONTRIBUTION

ORLD





SHARINA WORLD



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UNIVERSE IN

2021

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MASAGEMENT

ASHION ips & Advice rom The Experts

DREAM ACATIONS

> amily Medicine & Aesthetics Center 8 Best YOGA POSES

5 BEAUTY SECRETS





2nd Edition



SHARINA AMBASSADORS

URGENTWAY

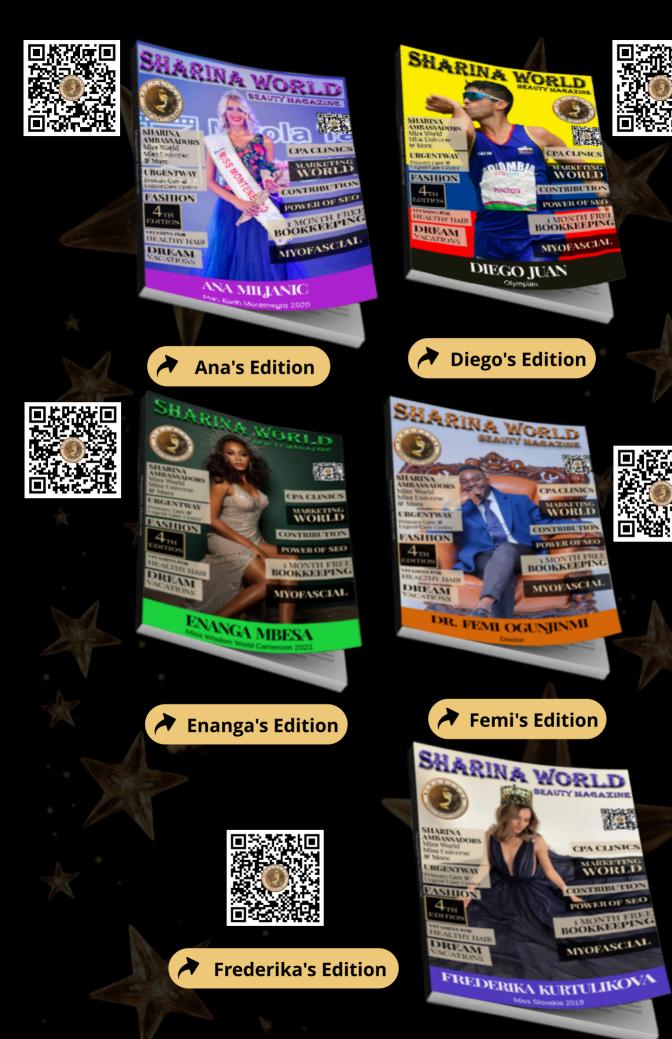
FASHION

85

3rd Edition

DREAM

2







VERONICA SARMA

Sharina World's Collaborator WORI HARINA BEAUTY MAGAZINE CPA CLINICS SHARINA AMBASSIDORS tiss world CONTRIBUTION Miss Universe AIRS ROLL CONTROPS & More URGENTWAY Primary Care S Urgent Care Center FASHION MOFASCIAI 111 DITION STEAMENS FOR HEALTIN HAIR VERONICA SARMA DREAM VACATIONS Mrs. Universe Romania 2022 **Veronica's Edition**



Where Dreams



Become Reality

Golden Opportunity For Shared Growth For Individuals, Brands, & Organizations – Includes But Not Limited To: Feature As Sharina World Partner, Inspire, Motivate, & Add Value, Grow Your Business, & Earn Brand Recognition, Fame, Commissions, & Exciting Rewards. Build Your Own Team & Accelerate Your Benefits Together.



S	Feature Your Brand Or Organization In Sharina World Magazine
S	Digital Portfolio To Showcase Your Brand, Business, & Organization
Ø	Promotion On Sharina World's Social Media Handles
Ø	Social Media Engagements
Ś	Brand Promotion
Ø	Shared Growth
Ø	Professional Services To Build And Maintain Your Identity
S	Customized YouTube Video
S	Country Page & Ambassador Page
Ø	Higher Ranking On Google Page

GROW With Sharina World

Details



Title: Affiliate Partner



Territory Location: Anywhere



Incentive: Upto 75% Potential Incentive -Ulimited Earnings (Earn As Much As You Can)



Flexibility: Contribute At Your Own Schedule



Team: Build Your Own Team

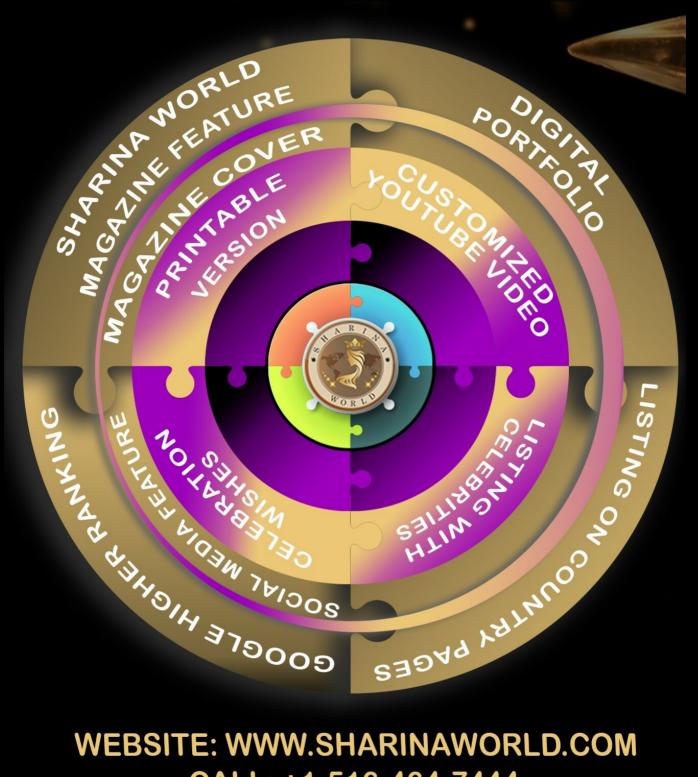


Tiers: Tier 1 Lead & Tier 2 (Team Members)



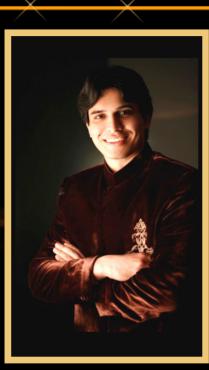
Benefits & Incentives For Both

COLLABORATE TO ADD VALUE & SUCCEED



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Our Evergrowing Collaborators Family

Sharina World Globally Provides A Secure And Quality Platform For Education, Skills Training, Inspiration, Empowerment, Health Care, Professional Services, Networking, Recognition, And Success.

Sharina World's Global Network **Including Winners And Celebrities** Maximizes Your Reach And With It Your Achievements Of Goals.

> Arjumand J. Khan (Shan) CIA, CPA, & Executive MBA

























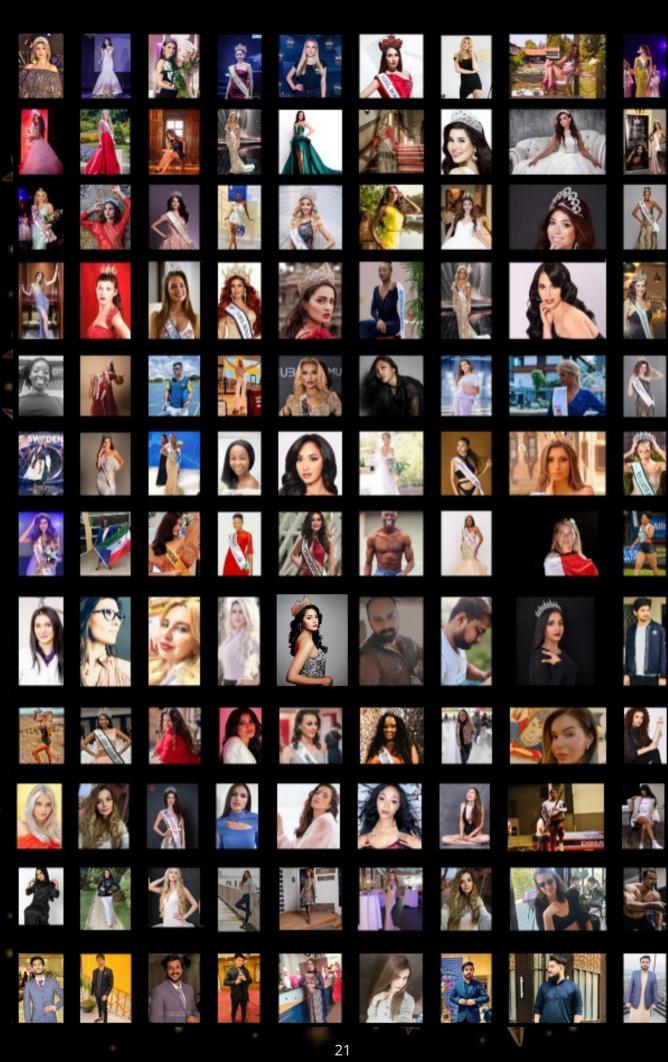
















































Sharina World Beauty Magazine Welcomes

Ana Miljanic To The Sharina World Family

1) Full Name

Ana Miljanic

2) Any Title (Pageant System / Year)

Miss Earth Montenegro 2020 And Miss Eco International Montenegro 2019.

I won the title of Miss Eco Personality in the competition and the sub-competition for Miss Eco Dress. My dress, which was made of black garbage bags, entered the top 5 best dresses. In 2020, I won the title of Miss Earth Montenegro, which was organized virtually because of the COVID-19 situation.

3) Birthday

May 15, 2000

• MONTENEGRO

ANA MILJANIC

Miss Earth Montenegro 2020

4) Relationship Status

Single

5) Ideal Birthday Gift

The most ideal gift for me is something that will stay forever and provide a nice memory of that person (e.g. jewelry).

6) Hobbies

Experimenting with makeup and nails.

7) Education

I am studying at the Faculty of Tourism and Hospitality. Education is my number one priority. I want to finish college first, and I currently see modeling as a hobby.

8) Languages Spoken

I am fluent in English and Russian. I am currently learning German.

9) Goals / Aspirations

My life goal is to fulfill my desires, provide myself with a comfortable life and create a happy family. I consider myself a very responsible, ambitious, and brave person and I am always ready for various challenges that strengthen my character and lead me to success.

My life motto is "Everything you imagine, you can achieve!"

10) Brief Story – What Got You Where You Are Today?

I currently live in Germany; I consider it my biggest challenge so far. Overnight I decided to go to another country, far from home, where I did not know anyone, and a language I never knew. Every day I learned more and more, met people, and was in a different environment, of course, the effort paid off. I like to meet new people, other cultures, and customs, so I have a wide circle of friends in my country and abroad.

11) What Is Your Idea Of Happiness And Success?

My idea of happiness and success is "effort", every effort pays off in the end. You should always work on yourself, be a good friend, and do good deeds! Do things that fulfill you and have faith in yourself.





12) Imagine That You Have Been Selected As An Influential Person Of Country For A Week. What Do You Plan To Do For The Country In Just A Week?

If I were the most influential person for a week, then I would do everything to help children and adults with developmental disabilities and other health problems. Because health is most important! I would help people who do not have enough financial means to live.

13) Who Is The Most Inspiring Person In Your Life?

The most inspiring person in my life from the public scene is Monica Bellucci, of course because of her success and humane work. Because of her worldview, career, love, and everything else.

14) Any Personal Message That You Would Like To Share

In 20 years, you will be more disappointed with things you didn't do than with things you did. So set sail from a safe harbor! Explore! Dream! Discover!





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COLOMBIA

0

DIEGO JUAN Olympian

Sharina World Beauty Magazine Welcomes DIEGO JUAN To The Sharina World Family

1) Full Name

Diego Juan Pinzon Florez

2) Any Title (Pageant System / Year)

Represented Colombia at the 2020 Summer Olympics in Tokyo 2021 (Stood at 18th place out of 59). Also, I stood 3rd place in the Men's 50km Walk in the Pan American Games 2019.

3) Birthday

February 12, 1985

4) Relationship Status

I am a single father with two sons aged 8 and 16.

5) Platform / Social Cause Supported

I would like to support orphans and education for children.

6) Hobbies / Fun Facts

I love watching movies, spending time with family, listening to music, and going to church.

7) Education

Bachelor's Degree in Accounting from San-Buenaventura University.

8) Languages Spoken

Spanish and English

9) Profession

I am an Athlete and have been serving as a Police Sergeant for more than 17 years.

10) Goals / Aspiration

My goal is to win a Gold Medal in Paris 2024 Olympics. I want to achieve the title in the 2022 World Athletics Championships. I want to train people and get them physically and mentally strong and fit. I am an admirer of nature and want to live on a farm near to nature.

11) Idea Of Happiness And Success?

For me, happiness means spending time with friends and family. Helping others also makes me happy.

12) Brief Story – What Got You Where You Are Today?

Life was never so easy for me. I have struggled very hard to be what I am today. My parents have been very supportive all the time. I am a single father of two sons aged 8 and 16. My younger child Ian is a motivation for me.





13) Imagine That You Have Been Selected As An Influential Person Of Country For A Week. What Do You Plan To Do For The Country In Just A Week?

If I get selected as an influential person, then I would like to focus more on the education system for children and help orphans achieve their life goals.

14) Any Personal Message That You Would Like To Share

I want to draw the attention of authorities to improve the standard of education for children.

15) Who Is The Most Inspiring Person In Your Life?

My parents inspire me a lot. They have been very supportive of me. PINZON

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TOKYO 2020 000



Olympian - 50 KM Race Walking

ENANGA MBESA Supermodel Africa Miss Face of Cameroon



Sharina World Beauty Magazine Welcomes ENANGA MBESA To The Sharina World Family



1) Full Name Enanga Mbesa

2) Any Title (Pageant System / Year)

Miss Wisdom World Cameroon 2021

Lumiere International World Cameroon 2021

Supermodel International Cameroon 2020 (Won Supermodel Africa Title)

Miss Glam World Cameroon 2019 (Won Miss Perfect Ten Title and 3rd Runner Up Miss Glam World)

Global Charity Queen Cameroon 2018 (Won Miss Friendship Title)

Queen Of Tourism International Cameroon 2018

Miss Tourism Cameroon 2016 – Present

Miss Tourism International Cameroon (Top 10 Best Talents) 2016

3) Birthday

March 20, 1993

4) Platform / Social Cause Supported

Women empowerment and stop cyberbullying

5) Relationship Status

Single

6) Languages Spoken

English, French, and Thai

7) Education

I hold a Bachelor's Degree in Accounting and currently doing my MBA in Accounting



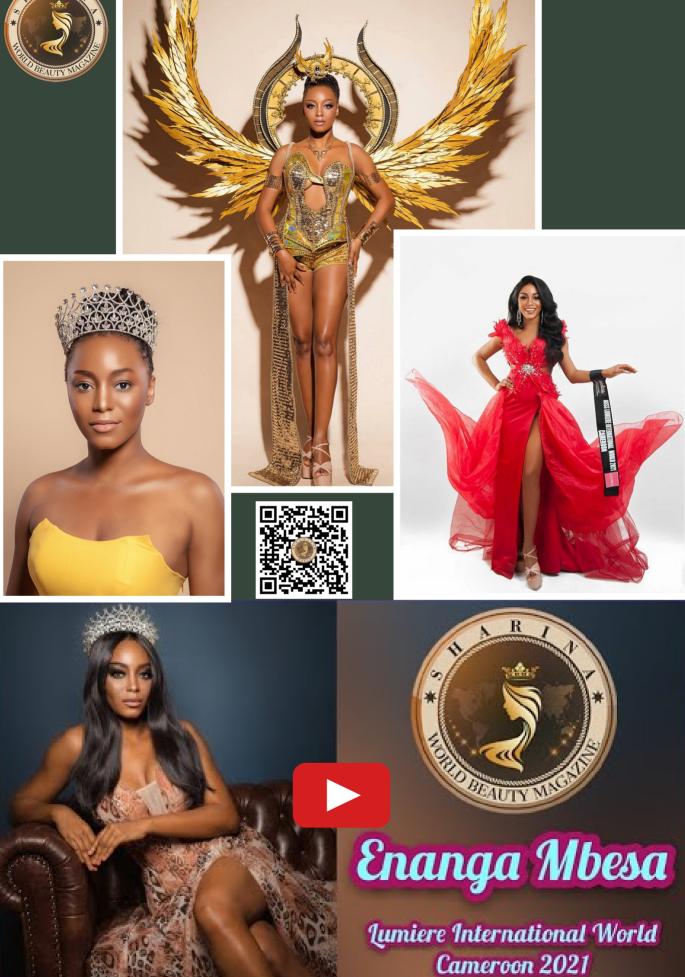




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INSTAGRAM





8) Profession

Pageant Coach (Personality and Catwalk)

9) Hobbies / Fun Facts

I love traveling, visiting orphanages to spend time with kids, and cats, walking, and dancing

10) Goals / Aspirations

My aspiration in life is to be the best version of myself, better than I was yesterday. My goal is to impact others around me positively and make them know their dreams are valid and attainable.

11) Who Is The Most Inspiring Person In Your Life?

The most inspiring person in my life is me. Most of the time we aspire to be like someone else. The truth is that no one knows your journey better than you, no one knows the tears you shed or how you failed and rose up again. My journey in life has shaped me into being an inspiration for myself.

12) What Is Your Idea Of Happiness And Success?

Success has a different meaning to every individual. To some people, success is money, a happy home, a family, and traveling. My idea of happiness is to see others happy through my eyes, to see the impact I make on those who don't believe in themselves. Success to me is achieving the simplest things you never dreamt of achieving. Success to me is genuine happiness about the impact you make in the lives of others. I believe success is living up to your potential.

13) Imagine That You Have Been Selected As An Influential Person Of Country For a Week. What Do You Plan To Do For The Country In Just A Week?

Coming from Cameroon, there is a lot that needs to be done.

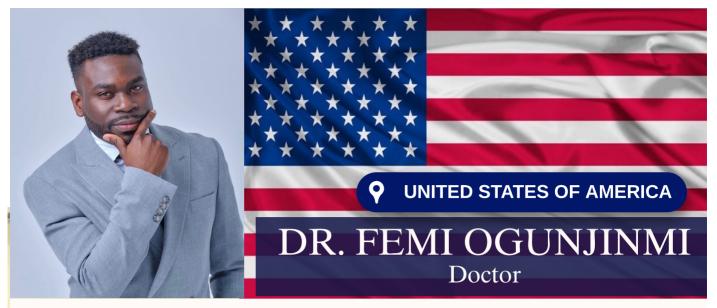
If I got this opportunity, then I will plan of changing the comparison and unhealthy competition amongst Cameroonians. Secondly, I will plan on impacting the mindset of Cameroonians that they need to believe in themselves and the potential they carry. This will also be a perfect opportunity to support talented Cameroonians because they need the motivation to do better.

14) Brief Story - What Got You Where You Are Today?

Determination and perseverance got me where I am today. Being in the pageant world teaches us a lot of patience and perseverance. I have failed and fallen so many times throughout this career path but I tell myself this "winners are not afraid of losing but losers are, and failure is the process of success." Coming from a country like Cameroon and telling people that I want to be a Pageant girl made people laugh at me so hard because Africans especially Cameroonian parents see that as a waste of Education. I kept telling myself that Cameroon has to be on the Map, I need to make a difference despite the fact that very few people understood what pageantry was all about at the time. Making a difference and impacting others with my voice in my country was the driving force that got me where I am today.

15) Any Personal Message That You Would Like To Share

To all my pageant sisters out there, I want to tell you that you are enough. You don't need all the fancy outfits and perfect body or hair. You just need to be you and know you are enough. Everything happens at its appointed time. Never compare yourself to others, because the moment you start seeing other women as your competition you lose your focus. No one should make you feel that you cannot be who you want to be. You can and will do it.



Sharina World Beauty Magazine Welcomes DR. FEMI OGUNJINMI To The Sharina World Family

1) Full Name

Dr. Femi Ogunjinmi

2) Any Title (Pageant System / Year)

Doctor

3) Birthday

January 17, 1985

4) Relationship Status

Married

5) Platform / Social Cause Supported

National Relationship Equity Day

6) Hobbies / Fun Facts

Enjoying music and playing drums and piano.

7) Education

BSC in Biology

MBA

Certificate in Financial Management

Doctor of Philosophy in Christian Counseling (Marriage, Family and Child Therapy)

8) Languages Spoken

English and Yoruba

9) Profession

Global Relationship Expert

10) Who Is The Most Inspiring Person In Your Life?

My wife

11) Goals / Aspiration

Help 36 million singles / couples this year to improve their relationship journey

12) Imagine That You Have Been Selected As An Influential Person Of Country For a Week. What Do You Plan To Do For The Country In Just A Week?

I would love to celebrate my National Day June 24th for National Relationship Equity Day.

For couples to practice fairness in their relationship, treat each other as they would like to be treated, avoid gender roles in their relationship, but determine roles by gifts, interests, knowledge, and constraints.









13) Brief Story – What Got You Where You Are Today?

My enormous passion to help singles and couples to cultivate healthy and happy relationship has gotten me here today.

14) What Is Your Idea Of Happiness And Success?

Doing what I was born to do, having a healthy family, and not worrying about money.

15) Any Personal Message That You Would Like To Share

It's my aim for partners to love each other, respect each other, balance power, and treat each other with fairness. I want couples and singles all over the world to join me on June 24th to celebrate National Relationship Equity Day. They can find out more about how to celebrate the day at the link below:

& www.nationalrelationshipequityday.org



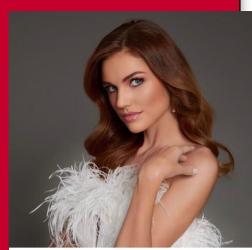
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Global Relationship Expert









FREDERIKA KURTULIKOVA

Miss Slovakia 2019

Sharina World Beauty Magazine Welcomes FREDERIKA KURTULIKOVA To The Sharina World Family

1) Full Name

Frederika Kurtulikova

2) Any Title (Pageant System/Year)

Miss Slovakia 2019

3) Platform / Social Cause Supported

@arteithbenefits – supporting and celebrating work of non-profit organizations through beneficial art concerts, @divemaky – supporting talented children from troubled family backgrounds to develop their talents like dancing, singing, musical instruments, and acting, @caritas-slovakia – financial support of studies of girls from Vietnam.

4) Relationship Status

In relationship with Cesar Sampson.

5) Hobbies / Fun Facts

Foreign languages, psychology, acting, books, traveling, interior design, piano, and horse riding.

6) Languages Spoken

Slovak, Czech, and English fluently, and Spanish and French conversational.

7) Countries Visited / Would Love To Visit In Near Future?

I have visited Spain, Germany, Austria, England, France, China, USA, UAE, Romania, Czech, Italy,

Lebanon, Turkey, Egypt, and Jordan and would love to visit Vietnam, Thailand, India, Philippines, Cambodia, and Zanzibar.

8) Education

Bachelor's Degree – International Relations and Diplomacy.

9) Profession

Model and Actress.

10) Brief story - What Got You To Be Successful?

Never thinking that I am good enough and no need to improve myself, wanting to work on myself constantly and believing in my big, big dreams. Anything is possible, no matter how far it might be at the moment.

If you really want something to do or achieve, you feel it in your heart and you don't stop walking towards that dream, then one day you will turn back and cry. Cry out of happiness when you realize that you lived that dream that you had some years ago.







11) Any Personal Message That You Would Like To Share

We all have our burdens to carry, so let's not envy anything; however shiny it might appear to us, but share love, compassion, forgiveness, and kindness instead.



FREDERIKA KURTULIKOVA MISS SLOVAKIA 2019









Sharina World Beauty Magazine Welcomes JAMIE DE ROOSE To The Sharina World Family



1) Full Name

Jamie Elizabeth De Roos

2) Any Title (Pageant System / Year)

Miss Canada Petite 2020 / 21

Miss Petite Saskatchewan 2020 / 21

3) Relationship Status

Single

4) Hobbies / Fun Facts

I have modeled for over 200 photoshoots in the past 2 years. I am a Cosplayer and was 1 of the 20 people selected out of thousands to compete in the Armor Division of the International cosplay competition Crown Cosplay Championship in 2020.

5) Education

Welder Certificate, working towards a Bachelor of Business Administration Degree at The University of Regina.

6) Name Of Business / Company / Brand

De Roos Couture and Be Too Much Magazine.

7) Languages Spoken

English and learning Spanish and Japanese.

8) Goals / Aspirations

I want to create a successful business around my art, release a book and release an EP Album.



9) Brief Story - What Got You Where You Are Today?

What has got me here today is the determination to succeed and the will to make it happen. I was the fourth born in a family of five. I grew up in a small town called Whitewood, Saskatchewan, and later moved to Regina, Saskatchewan where I currently reside. I remember my dad being a cook and working eight hours a day sometimes up to six days a week to just get by. While my mom stayed at home and took care of us. I saw my mother struggle every day with mental health and it produced an unhealthy environment for children to live under. Going to school, I was bullied by my peers for how much money I had.

It was a really bad situation, but it has allowed me to grow up with the skills and knowledge to build a blessed life for myself. I had to step away from my family because of the stigmas they had about my mental health. I decided that I wanted to create awareness for people just like me living with a mental illness. It can be so hard to navigate even just the environment of loving someone who struggles with mental illness.

Competing in pageants was never something I saw myself doing but I heard stories of what pageants do for girls just like me. I had to see what the fuss was all about, and competing in Miss Canada Petite has been a blessing for me. But also winning and getting the opportunity to inspire people who do live with mental illnesses to be able to succeed just like I did.

I do not think my winning the title of Miss Canada Petite 2020/21 was a fluke of any kind. I think that when you apply yourself to whatever your goal or dreams are, you do achieve your goals. Even just applying yourself to whatever you have going on at that moment. You can succeed and grow as an individual, no matter what that success looks like.





10) Any Personal Message That You Would Like To Share

I would like to thank the Miss Canada Globe Productions Organization for giving me the opportunity to travel and compete internationally for not just one pageant, but also giving me the opportunity to represent Canada at Miss Petite International and Universal Petite.













MAJA PETROVIC Medical Doctor Acupuncturist

Sharina World Beauty Magazine Welcomes MAJA PETROVIC To The Sharina World Family

1) Full Name

Maja Petrovic

2) Any Title (Pageant System/Year)

Medical Doctor Acupuncturist

3) Relationship Status

Single

4) Hobbies / Fun Facts

I love climbing, Latino dances, gym and jogging, yoga, and meditation.

5) Languages Spoken

Serbian, English, and Romanian.

6) Education

Faculty of Medical Sciences University of Kragujevac

Master's Degree – Regenerative Medicine

Academia Integrativa Quanttes – Acupuncture Application

7) Birthday

May 20, 1994

8) Profession

Medical Doctor

9) Goals / Aspirations

My goal is to fulfill my purpose in this world and create unique ways of treating patients. I am still creating my goal, we should be patient and see what will happen. A human being is something amazing and inspiring. Persons who are self-aware and have a positive mindset are my motivation and inspiration.

10) Any Personal Message That You Would Like To Share

Always keep your focus on your goals with a positive mindset and motivation, don't give up on yourself and you'll be happy and successful.

11) Brief Story – What Got You Where You Are Today?

I grew up in eastern Serbia. I also finished my studies in Serbia. Through my studies, I was supported by a scholarship from my city. Every moment I used to improve me as a person and as a professional. When I was a student, very often I participated as a volunteer at health preventive events. I was also a member of the International Federation of Students' Medical Association. Some of my positions were National Officer of Reproductive Health and Local Public Health Officer. Developing my leadership skills during my studies also was one of my goals. Educations that enriched my knowledge include student exchanges in different countries. Belgium, Catalonia, and Poland are countries where I did my student exchanges and improved my knowledge. After graduation, I started to work as a Medical Doctor in the Emergency Department where I still work. At the same time, I am a Master's student of Regenerative Medicine.





SERBIA



In my free time, I support sports teams as a medical doctor. Recently, I started to treat patients with Acupuncture.

12) What Is Your Idea Of Happiness And Success?

Success is to stay a real human being in this world. Something that makes me really happy is freedom, traveling, and talking with good people. Seeing my patient happy and healthy is a very big happiness and success.











DR. PAMELA MARIE HASKEL

Ms Nation Nationals Dutchess 2021 Sharina World Beauty Magazine Welcomes Dr. Pamela Marie Haskel To The Sharina World Family

1) Full Name

Dr. Pamela Marie Haskel

2) Any Title (Pageant System / Year)

Ms. Nation Nationals Dutchess 2021

Ms. Superior Supreme Empress International 2021

3) Platform / Social Cause Supported

Diversity and Inclusiveness and The Fine Arts

4) Relationship Status

Single

5) Hobbies / Fun Facts

I enjoy traveling to the Southeast and Northeast part of the United States. I am a trained classical opera singer, actress, and published author. I had an opportunity to sing at the prestigious Carnegie Hall in 2016.

6) Languages Spoken

English and French

7) Education

I have a Bachelor of Arts Degree in Liberal Arts with concentrations in Communications, Music, and History.

8) Profession

Elementary School Teacher

9) Goals / Aspiration

I would love to travel to Paris, France one day. I am currently establishing my wardrobe, makeup, and hair consultation services for the pageant and corporate business professional women.

10) Birthday

July 21

11) Who Is The Most Inspiring Person In Your Life?

My Father, the late Hamilton Haskel.





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12) What Do You Plan To Do For The Country In Just A Week If Selected As An Influential Person?

I will continue to raise awareness about enforcing diversity and impulsivity in churches and corporate business entities. Every person should be valued and included in all matters that pertain to various perspectives on a variety of issues that are prevalent with what we are facing today.

13) Brief Story – What Got You Where You Are Today?

My faith in God and surrounding myself with my father and wise individuals who gave me guidance as well as participating in community service projects and networking with other public figures in the industries I pursued as careers; have provided opportunities for me in various local and national organizations.



14) What Is Your Idea Of Happiness And Success?

My idea of happiness is being content with who I am and being content with appreciating my self-worth and not worrying about other people's perceptions of me. Networking with other professionals is always important especially if you want to excel or be promoted to a higher position. Moreover, a positive attitude is your altitude to progressing and achieving your endeavors.





Dr. Pamela Marie Haskel

Ms. Nation Nationals Dutchess 2021

Ms. Superior Supreme Empress International 2021



BELARUS

POLLI CANNABIS Lady Universe 2021 Miss Earth Belarus 2017

Sharina World Beauty Magazine Welcomes POLLI CANNABIS To The Sharina World Family



 Full Name
 Polli Cannabis
 Any Title (Pageant System *I* Year)
 Top Model Universe 2021
 Lady Universe 2021

Miss Intercontinental Popularity 2021

Miss Elite Europe 2021

Miss Grand Belarus 2020

Miss United Continents Belarus 2019

Miss Earth Belarus 2017



3) Platform / Social Cause Supported

I support veterans of the Second World War because I respect their sacrifice. They risked their lives for our peaceful future. We must learn from past experiences in order to prevent mistakes in the future and stop war and violence in the world.

4) Relationship Status Single

5) Hobbies / Fun Facts

I like traveling and I have visited 34 countries. I have friends from all over the world.







Mayssa Assaf A C A D E M Y

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6) Languages Spoken

Russian, Belarus, and German.

7) Education

Financial University Under The Government Of Russian Federation, Masters Degree.

8) Profession

Model and Influencer.

9) Birthday

September 6, 1997

10) Goals / Aspirations

I want to become a world-known celebrity.

11) Who Is The Most Inspiring Person In Your Life?

Pia Wurtzbach, Catriona Gray, Priyanka Chopra, and Aishwarya Rai.

12) What Is Your Idea Of Happiness And Success?

I think that making your dream become true is the first definition of success and happiness. To become the person you want to be and surround yourself with people and things you always wanted to have. To be able and have the opportunities to make it. To help others and be happier, to empower and inspire. 13) Imagine That You Have Been Selected As An Influential Person Of Country For a Week. What Do You Plan To Do For The Country In Just A Week?

Only a week seems to be a little term to do something big. You can't build a house or write a book in one week. But it's enough to put a seed of humanity in the hearts of the people. Using that situation in order to be heard, I would make an effort to put people together in order to promote the right values after that week. One of the biggest issues nowadays is war and violence, and it's impossible to accept the fact that in such a developed society when we can send a human to space some conflicts are still addressed by a war. There is nothing more valuable than a human's life. Fights and deaths will bring only desperation and frustration for us and future generations.

14) Brief Story – What Got You Where You Are Today?

I believe that everything is possible through hard work, confidence, and big dreams. You just have to think smart and work hard. Never stop, never give up, and when you fall stand up and go. Keep trying.

15) Any Personal Message That You Would Like To Share

As a beauty queen and a model, I want to empower people to chase big dreams. Find something that wakes passion in your heart and put all of you in it.







VERONIKA SARMA

Mrs. Universe Romania Mrs. Romania World

Sharina World Beauty Magazine Welcomes VERONIKA SARMA To The Sharina World Family

1) Full Name

Veronika Sarma

2) Any Title (Pageant System / Year)

Mrs. Universe Romania 2022

Top Model Miss Universe 2021

Mrs. Romania World 2021

TOP-15 Mrs. World 2021 / 22 in Las Vegas, Jan. 2022

3) Platform / Social Cause Supported

Founder and PR director of the Yoga, Meditation, and Art Therapy Project aimed to help people in overcoming stress and anxiety. The main goal of this project is to introduce yoga practices and meditation into everyday lifestyles. My aim is to help women to be happy, healthy, young, and internally and externally beautiful. Through these practices, I share my vision of being eco-friendly, cruelty-free, vegan, open to the world, kind, and loving!







Charity projects for protecting animals, nature, and people: SoiDog.org, Rainforest Action Network (ran.org),

TilTheCowsComeHome.org, AnimalsAsia.org, Greenpeace.org, UN World Food Programme (wfp.org), and CharityWater.org.

4) Birthday

April 3, 1988

5) Relationship Status

Married for 2.5 years (Together for 5 years)

6) Languages Spoken

English and Russian

7) Hobbies / Fun Facts

• Fashion – A professional model for 20 years (shootings and fashion shows), 12 pageants previously, catwalk coach, and photoshoot director.

• Yoga and Meditation – Practicing for 16 years (including experience in yoga ashrams). Founder of the @tantracosmic project on Instagram to help people in meditation and stress relief, and for yoga masters to be known and demanded, also to share a vegan lifestyle for protecting animals.

• Art – Contemporary artist for 14 years. Started as an amateur artist, took part in about 30 exhibitions worldwide (Germany, Italy, France, Portugal, Latvia, Russia, and Belarus), was awarded over 80 diplomas, invited into several artist unions, published in catalogs, took part in a live charity auction (Harvest Ball, 2018). A painting was placed into the permanent fund of the Contemporary Art Museum (in Russia, 2018). The art story began as an individual art therapy, which helped to design author art therapy classes for people (including kids in orphanage houses).

To see the paintings, diplomas, and news, please visit vsarma.com and @art.vsarma on Instagram. • Traveling – 40 countries have been visited, which is not a stop.

• Dancing & Singing – For fun and joy!

8) Education

Saint-Petersburg State University, International Relations Faculty, Diplomacy (2013)

East-European Institute of Psychoanalysis, Psychology (2013)

School of TV Hosting (2013)

Saint-Petersburg State University, Sociological Faculty, Social Anthropology (2010)

9) Profession

Self-occupied Instagram Influencer

Professional Model, PR & Social Media Director, and Translator.

10) Goals / Aspirations

Becoming a Director for Mrs. Romania World pageant in a year.

Become an ambassador for huge fashion brands and ecological environmental funds.

11) What Is Your Idea Of Happiness And Success?

Combination of love, self-realization, freedom, and neverending achievements.

12) Who Is The Most Inspiring Person In Your Life?

Oksana Fedorova – former Miss Universe. I saw her victory on stage when I was 14 years old, and from that my huge passion for pageants and modeling was born.

13) Imagine That You Have Been Selected As An Influential Person Of The Country For A Week. What Do You Plan To Do For The Country In Just A Week?

I would promote the vegan lifestyle and non-cruelty philosophy by showing the truth about animals suffering in this industry, and proving with my healthy and slim body that this is an easier and healthier way of living.



I think that nowadays nutrition and health are the number one problems for the American nation.

14) Brief Story - What Got You Where You Are Today?

- 19 years of modeling profession
- Vegan and yoga lifestyle
- Hard work
- Strong belief

15) Any Personal Message That You Would Like To Share

One day a believer becomes an achiever, that's my favorite motto! Remember that whatever you do and wherever you go, choose kindness, otherwise your success might not give you happiness. An open heart is a key to every door, every being, and every achievement. So, choose kindness and leave any place happier and cleaner than it was before you. Love, Veronika



66

Professional Model With Experience In Fashion Shows, Shootings, & Pageants

MODEL INFORMATION

Height 5'10" / 178 cm Bust 36" / 90-91 cm (cup B) Waist 25" / 61-62 cm Hips 36" / 90 cm **Dress Size** 2 (S Mostly) Shoe Size 11 (42 European) Hair Natural Brown, Long (Till Waist, No Extensions) Eyes Blue Travel Info

US Visa COVID-Pass (J&J – Nov 2021)



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ROMANI

NORI



DREAM VACATIONS UNITED KINGDOM

Great Britain is a country consisting of several parts: England, Scotland, Northern Ireland, and Wales. Each has more than one place worth visiting, but when talking about the UK, many people mean specifically England, because it is in it that there are a huge number of castles and other beautiful places. Travelers who want to visit only the main attractions of the UK are advised to go to London.

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Trafalgar Square

Trafalgar Square is one of London's most famous and iconic squares. It is located at the intersection of three of Westminster's most important streets - The Strand, Whitehall, and The Mall. The area is the reference point for distances in the UK, a "zero kilometer." Every year, the main New Year tree of the country is set up in Trafalgar Square. Trafalgar Square is a historically important place in London, where you can see evidence of important events in the life of Great Britain.

Big Ben

The symbol of London and the whole of Great Britain. Many believe that only the clock and the clock tower are called "Big Ben," but it is the name of the largest bell in the Palace of Westminster. The tower's height is 96 meters, and inside it hides a narrow spiral staircase of 334 steps. After passing them all, you can get to a small open area, where the famous Big Ben bell is. It strikes the time every hour, and his sounds are transmitted every hour on BBC radio. This bell gave the name to both the clock and the tower itself. The diameter of this bell is 7 m.

York Minster

The majestic building is easily recognizable by its Gothic spires and three powerful towers. The central tower of York Minster is the highest point in the town. At 72-meter height, it provides a panoramic view of the area. The cathedral was founded on the site in 627 by the King of Northumbria Edwin (from the 7th to the 9th centuries - a small independent kingdom in the territory of modern North Yorkshire). King Edwin was later canonized and baptized. Construction began in 1220 and lasted 250 years, so the cathedral has been influenced by many architectural styles (also called York Romanesque Cathedral).

The cathedral became active in 1427.

Windsor Castle

Windsor Castle is still the current residence of the British Royal Family and is listed in the Guinness Book of Records as the largest inhabited castle in the world. The building has come a long way from a wooden military building to one of the most famous and beautiful palaces. Windsor Castle was founded in 1070 by William I on a hill in the Thames Valley, 30 kilometers from London. Initially, it was a wooden fortress surrounded by a stone wall. A little later, an additional wall of wood was erected to the east of the hill (now the Upper Courtyard is located in its place); by the end of the century, a similar wall was erected near the western slope of the hill, where the Lower Courtyard is now located. Later, all these buildings were rebuilt several times, but the layout itself has survived to our times - two four-corner buildings (courtyards), and in the middle, there is a round tower on a hill.

Sherwood Forest

Sherwood Forest, located north of the city of Nottingham in England, without exaggeration, can be called the most famous forest in the world. All thanks to the legend of Robin Hood, which originated in the Middle Ages. In the time of the noble robber, the territory of Sherwood was much larger than in our time. Today, the area of Sherwood Forest is about 400 hectares. In 1963 it was turned into a national reserve. For tourists, walking routes are organized there, covering all the most interesting places associated with Robin Hood and more.

Stonehenge

One of the most famous prehistoric monuments in Europe. This grandiose heap of stone megaliths weighing up to 45 tons, surrounded by beautiful nature, is simply mesmerizing. The monument also belongs to the UNESCO World Heritage List. It is located 130 km from the capital.



Lost Gardens Of Heligan

This is a magical corner, located in Cornwall, on the Atlantic coast. Thousands of tourists visit the sights of Great Britain every year, and the photos of this place are always surprising. Huge sculptures covered with vegetation are scattered around the territory, and various thematic zones are presented. Pineapples even grow here in a special heated "pit." Benches, lakes, grottoes, and shady paths are provided for a pleasant stay.

London Eye

The height of the London Eye is 135 meters (about 45 floors). From the highest point of the Ferris wheel, almost all of London is visible at a distance of about 40 kilometers (subject to clear weather).



and present, including scientists, actors, film characters, politicians, writers, musicians, and representatives of the royal family. Sometimes you can't even believe that these are sculptures, and not living people. Every feature is so plausibly conveyed. This is one of the main attractions of England, many have photos with famous "twins" from this museum.

Madame Tussauds Museum

This museum is a symbol of Great Britain. It was created in the 19th century by Marie Tussauds. She chose an unusual material for creativity, which became her life's work. The public accepted her creations with a bang. In the second half of the 19th century, the museum moved to the building in which it is located today. Its exposition presents sculptures of famous personalities of the past



Tower

The Tower of London has become a symbol not only of London but also of Great Britain. It occupies a special place in British history, which is why the Tower is now one of the world's most visited architectural and historical sights. In essence, the Tower is a fortress. It stands on the north bank of the Thames and is one of the oldest buildings in England and the historic center of London.

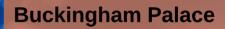
The history of this fortress is varied: initially, it was built as a defensive castle, then it served as a zoo, a mint, an arsenal, a prison, an observatory, and a repository of royal jewels. The Tower was built in 1078, and in 1190 the first prisoner was imprisoned in the fortress. Only seven executions took place in this prison for high-ranking people and royal persons, among the victims of Henry VIII's wife Anne Boleyn and Catherine Howard, as well as the "Queen of the Nine Days" Jane Gray. From the first years of existence, the Tower began to acquire all sorts of rumors and legends, sometimes very sinister. Some of them can be heard during tours of this famous fortress.





Tower Bridge

In the heart of London, above the River Thames, there is one of the main attractions of England and the hallmark of the city -Tower Bridge, designed in the Victorian Gothic style. The bridge seems to be the same age as Westminster Abbey, although it was not built until the late 19th century. Despite its relatively young age, it attracts millions of tourists from all over the world every year. The design of the bridge is such that when the lower central span is raised for the passage of ships, the upper gallery, which is reached by stairs in both towers, remains open for pedestrians wishing to cross the Thames.



One of the few functioning royal palaces in the modern world is Buckingham Palace. This is the official residence of Her Majesty the Queen in London. The area of the palace with a garden is about 20 hectares. It has its own police station, two post offices, a hospital, a swimming pool, and a bar - in fact, it is a whole city. There are 775 rooms in the palace itself; among them is the queen's official study. Initially, the palace was built for the Duke of Buckingham in 1762, it was acquired by King George III, completed, and, upon accession to the throne of Queen Victoria in 1837, it was declared the main residence of the British monarchs. But the most spacious and richly decorated room - the ballroom was completed only in 1853.



Westminster Abbey

Another representative of the **UNESCO World Heritage List. Initially,** this was the name of a Catholic monastery with a complex of buildings, but today only one church of St. Peter remains from it. The first building appeared here in the 7th century, and the abbey was rebuilt many times. Here, the royal family's weddings, including Kate Middleton's and Prince William's, took place. The temple is active, and services are held on Sundays. There are always a lot of tourists in it, so if you want to experience everything carefully, then you should take some time to visit it.

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London National Gallery

Founded in 1839. One of the largest such galleries in the UK, it houses more than two thousand exhibits. Here are the works of British, Italian, French, Spanish artists, etc. You can admire the paintings of Rubens and Rembrandt. Also, if you're lucky, you can attend a master's class on learning to draw.

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What Vitamins Make Hair Beautiful

Hair is an indicator of the general condition of the body. They are the first to react to beriberi and diseases. Vitamins are a Lifesaver, and our review will assist you in choosing which one. Interestingly, vitamins for nails and hair often have a common component because they have a common protein - keratin.

Vitamins Vital For Hair:

Consider the body as a system of biochemical processes. Imagine you are washing silk, and you have run out of a special powder. You washed in the usual and universal manner. What did you get? A clean thing, but hard tactile. So it is with hair. There is no substance involved in the synthesis, the hair grows without it, but that's just frail or not shiny. Types of vitamins:

1. C - For the production of keratin protein. Plus antioxidant protection. Loss often signals a deficiency of ascorbic acid.

2. B-group of eight essential vitamins. Each plays a key role in synthesis and exchange. Totally affect cell growth and division.

* B2 - Riboflavin, responsible for the elasticity of the hair shaft. Without it, the fragility of the hair will begin.



* B5 - Pantothenic acid. Strengthens the hair follicle.



* B6 - Pyridoxine. The appearance of dandruff occurs with a lack of this component.

* B8 - Inositol. Strengthens the cell membrane.

* B9 - Folic acid. Accelerates growth.

* B12 - Cyanocobalamin. Participates in amino-accumulation and assimilation processes. * H or biotin. Participant in the process of glucose synthesis and the breakdown of proteins into amino acids. Supports the status quo of tissue metabolism.

* PP - or "Nicotinic acid'. The nutrition of the epidermis, the healthy appearance, and the structure of the hair depend on its concentration. Dull color, confusion, lifelessness, and fragility are the main symptoms of deficiency.



3. E - the strongest oxidant, a protector from the free-radical process. The disadvantage is manifested in slow growth.



- * A fresh spinach leaf will put A, C, and B9.
- * Avocado fruit source A, D, PP, and E.
- * Green cabbage of any variety and ripening A, C, and E.
- * Legume biotin and B8.
- * Salmon, cod, and capelin OMEGA 3.6.
- * To replenish B12 include red meat and shrimp.

When To Start Vitamin Complexes

What if the quality of the hair has decreased after treatment, childbirth, perms, and extensions? There is only one answer - start taking vitamin complexes for hair. You can't do without medicine; first, take a blood test for biochemistry to accurately determine which deficiency to restore. Do not get lost in the abundance of drugs.

* Don't look at the cost. Often the difference between a drug for 30-100 and 3 dollars is only in the brand's popularity. A beautiful wrapper does not guarantee a 100% guarantee of a useful composition. Choose from a balanced composition.

* Is it better to take everything separately or together? Pharmaceutics has long solved the problem of conflict in the interaction of antagonists. The capsules contain a powder adapted for the simultaneous intake of a complex of vitamins.

4. Responsible for the production of sebum. If the hair is dry, interspersed with dandruff, urgently introduce carrots into the diet.

5. D3 - Growth, elasticity, and protection against skin diseases, such as "Dermatophytosis".

What To Include In A Diet For Hair Conditioning

* Bell pepper with red pod is an indispensable source of concentrated vitamin.C.

Fashion Spring - Summer 2022



The 2000s are back in fashion with a low rise, a bare stomach, tight fitting, extra mini skirts, rhinestones, and a complicated ridiculous cut. But the trends of spring-summer 2022 are also distinguished by modern trends - sequins, cutouts in unexpected places, gold, rhombuses, feathers, and long sleeves. At the shows, women were divided into two camps, some are incredibly sexy, others are difficult to distinguish from men. Some designers show the female body in all its glory, others completely erase gender in clothes.

Low Rise Skirts And Trousers

A low rise is an absolute hit of the warm season of 2022. If you don't want to show your belly, then wear a loose shirt and an elongated jacket. It will not work to tuck the top into the bottom, so we either wear a crop top or overlap the skirt and low-rise trousers with a long top. Low-rise pants lengthen your torso and shorten your legs, so look for high heels and platform shoes.



Cutouts On Clothes: Asymmetry And Seductiveness

This is a strange trend that has captured the minds of all designers. A cutout, a hole can be in the most unexpected place and have the strangest shape. Cutouts and slits on clothing are not a new trend, but in the spring-summer of 2022, it continues to develop and take on new forms. In the warm season, this trend will help add seductiveness and mystery simultaneously.



Fashionable Knitted Dress

In the summer of 2022, a knitted dress should appear in your wardrobe. It looks expensive, stylish, modest, and sexy at the same time. The knitwear trend continues to gain popularity, so you can learn to knit, and this skill can become a useful hobby.





Golden Glitter In Clothes Spring-Summer 2022

Following the sequins, designers offer to wear gold clothes every day. Golden jackets with inlay look gorgeous. Modern fashion makes such outfits not festive but universal, so you can safely buy such things and not worry about where to wear them.

Rhombus And Chess Print

Rhombuses and a chess cage are the most trendy prints. Do not forget about the aristocratic Argyle print. Time has no power over it and will always be in fashion.







Cutouts On The Leg

Sexiness reigns supreme in the spring-summer 2022 season, but if the fashion trend for a naked body and petite crop tops is not for you, then every woman can afford a skirt with a decollete on the leg.

Leather Trench Coats

Wondering what trench coat to buy for spring? Buy a leather trench coat - this is the most practical, stylish, and beautiful thing that will not lose its relevance and will last a long time.





Feathers - Trendy Decor 2022

Feathers are in modern fashion, like rhinestones, not only for the evening.



Dolce & Gabbana

To see all the trends in express mode, you need to watch the Dolce & Gabbana show. Yes, the brand has not departed from its DNA, but in the spring and summer of 2022, what was considered "too much" will become the norm. The 2000s in all its glory with miniskirts, photo printed T-shirts, rhinestones, guipure, leopard, and corsets.



Electrician: Trendy Color 2022

Saturated blue is the trend of the season. You can buy blue gloves or shoes, but it's better to dress in blue from head to toe, so you definitely won't be left without attention.





Jumpsuits Spring-Summer 2022

There are a lot of jumpsuits at fashion shows. They are smart and do not look like the notorious worker's overalls. Classic black jumpsuits compete on the runway with tight-fitting floral jumpsuits.

Wrapped In Ribbons And Fabrics

Fashionable tops this season resemble a ribbon that wraps around the body. If you decide to buy such a top, then choose a modest bottom - wide trousers, a pleated midi skirt, and a pencil skirt.





Total Red Look

Sexuality is in trend, which means that you can not do without red. Red suits, overalls, and sets made up of red things look as stylish as possible. Let the shoes be red too. Red pumps pair perfectly with jeans.

Striped Shirt

If you have a striped shirt in your wardrobe, tuck it into business trousers, wear it with shorts, and sweatpants. A striped shirt from my husband's closet would work too.





Total White Look For Spring-Summer 2022

White does not make you fat if you choose the right cut, and in spring and summer, white is prescribed for a fashionable wardrobe. Only shoes can be black in a set.



Leggings Spring And Summer 2022

In the summer and spring of 2022, it will be fashionable to wear leggings. But cover the groin area with an elongated jacket.

Patchwork

Patchwork echoes the trend for a handmade and sophisticated cut. The dresses are sewn using the patchwork technique and look the most understandable. So that such a dress does not look like a dress for folk dances, you need to combine it with fashionable shoes and accessories. A daring hairstyle with selected hair and makeup will help modernize the look.





Sequins In Fashion 2022

Sequins are another macro trend. During the pandemic, people hid in modest and comfortable tracksuits and got tired of them. Today I want a holiday, color, and shine, so we wear sequins daily.

Open Knees

Coco Chanel said to cover your knees. However, open knees are in fashion. It is not necessary to buy a mini skirt. A pencil skirt above the knee can be an alternative for modest beauties.





Millefleur Floral Print

Delicate little flowers on a pastel background looks romantic and noble.

Mix Of Prints

Is there any logic in the combination of prints at fashion shows? Yes, they are combined in shape, size, color, and theme.





Color Block

Color block is not only a combination of different colors in the image, but one dress can be sewn from the fabric of different colors. Do not confuse color block and patchwork. Patchwork implies a fabric with a print, and a color block excludes a print.



How To Build Activity?

Perform exercises sequentially, working each zone for at least 40-60 seconds. If desired, then the time for performing movements can be doubled.

- Move smoothly. When rolling the muscles with a roll, do not make sudden movements.

- Control the pressure of the roll on the muscles. If you feel severe discomfort, ease the pressure a little.

- Practice this program every day. You can do this warm-up before and after your workout. If this is not possible, then do exercises only after a run to relax your muscles. To complete the system, you will need a mat and a massage roll. If there is no roll, then it can be replaced with a water bottle.

MYOFASCIAL RELEASE

Featuring Model: Ms. Elvira Perstneva

What is the essence of MFR among fans of running and fitness. MFR (or myofascial release) became popular 8-10 years ago. Now the elements of self-massage according to the MFR method are included in the group programs of many fitness clubs. They recommend them to their clients and personal trainers. Why MFR? For all its availability (for classes, you need a massage roll or a tennis ball and a bottle of water), it helps to solve many problems of the musculoskeletal system. MFR is one of the self-massage techniques which is aimed at relaxing muscles and fascia, as well as getting rid of trigger points. Relieving muscle tension with the help of MFR, we not only get rid of muscle hypertonicity, improve blood circulation, but also improve mobility. This is especially true for people leading a sedentary lifestyle. MFR is also an integral part of the training process of professional athletes. By rolling muscles on special rolls or balls, you can get rid of pain after an intense workout and speed up the recovery process.



Foot Rolling

Stand up straight, and place the massage roll in front of you. Shift your body weight to the right foot, and place the left foot on the roll. Place your hands on your belt. With an effort to press the foot on the roll for 40-60 seconds, roll the heel area, the central part of the foot (right and left), and toes. Then change the position of the legs and work the right foot muscles in the same way, leaning on the left leg.

Working Out The Calf Muscles

Sit on the floor with straight legs. Bend your left leg, placing your foot on the floor. Place the right shin on the massage roll. Place your palms on the floor behind your pelvis. Raise your pelvis off the floor and press your right shin against the roll. Don't slouch. Leaning on the palms and left foot, move the pelvis back and forth and roll under the right shin for 40-60 seconds. Try to move the roll from the lower part of the shin almost to the area under the knee. Move smoothly and breathe calmly. Then change the position of the legs and do the same on the left side.



Working Out The Muscles Of The Back Of The Thigh

Sit on the floor with straight legs. Bend your left leg, placing your foot on the floor. Place your right thigh on the massage roll. Place your palms on the floor behind your pelvis. Raise your pelvis off the floor and press the back of your right thigh against the massage roll. Moving the pelvis back



and forth, roll the roll along the entire back surface of the right thigh from the hip joint to the knee for 40-60 seconds. Breathe deeply and move at a slow pace. Then change the position of the legs and do the same on the other side.

Working Out The Gluteal Muscles

Place the roll on the mat. Sit on it with your knees slightly bent. Place your palms on the floor behind the roll. Bend your right knee more and place your right foot on your left thigh. Turn the pelvis slightly to the right so that maximum pressure is exerted on the roll by the lower part of the right buttock. Roll the roll back and forth, massaging the lower part of the right buttock. Move smoothly for 40-60 seconds. Avoid sudden movements. Then change the position of the legs and do the same on the other side.



t h a n k y o u

THANK-YOU

For your contributions in excess of \$1 Million and for being a special part of our work and family.

We all are deeply grateful to you and your team for the generous support and faith, which makes Sharina World Foundation's work possible.

➢ Spread Hope & Save Lives

SHARINA WORLD C E L E B R A T I O N S



Each of us has someone special in our life and we always try to find a way to express our feelings for that person.

Sharina World offers a unique and special way of celebrating your loved ones and making them feel special. Sharina World will feature your loved ones and their story on their social media channels and magazine.

Simply fill up our form and let us know the wishes and story that you would like to include, and we will help you celebrate by featuring them in our Magazine, Website, and Social Channels.

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\checkmark	Photographs On Magazine
~	Video On Magazine
\checkmark	Printed Magazine Copy - Printing & Shipping Cost Separate
~	Additional Page \$5 / Page (Left & Right)
~	Option: Make It Exclusive Magazine At An Additional \$30 (6 Personalized Pages Included)





Happy Birthday

We wish you a year filled with happiness and joyous moments Doctor Khan. May all your wishes come true. Thanks for being a super hero and taking care of us all.







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FEATURE WITH US



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sharinaworld

Posts

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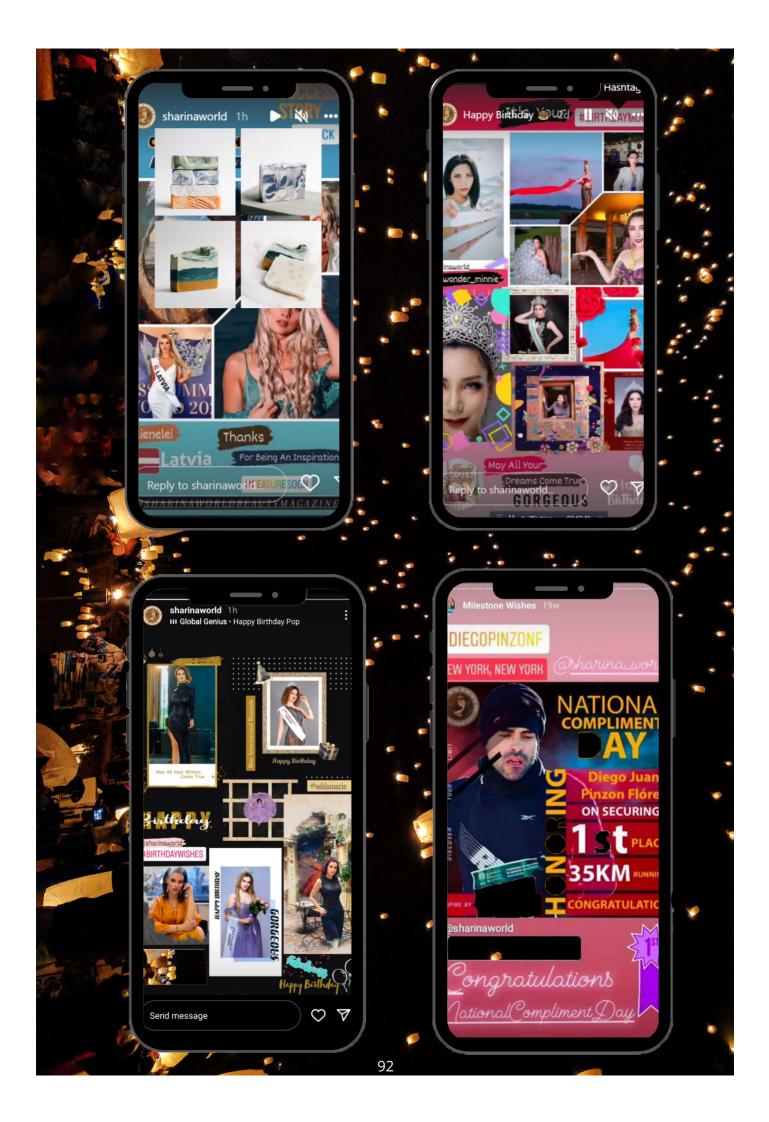


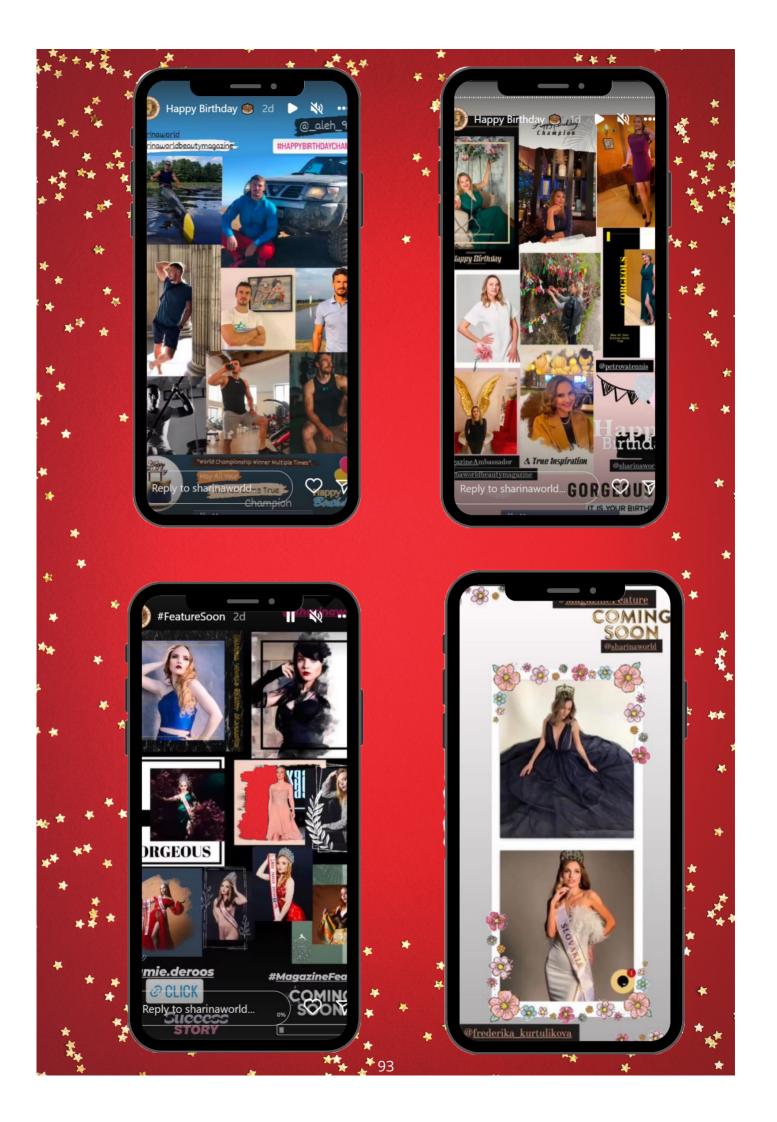
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The vision of ATÉLIÉR DE BÍJOUX "Collector Of Beautiful Jewels" brings wide and unique variety of Pakistani and Indian jewelry. It holds a special place in every south Asian's heart and it is appraised worldwide as well. The brilliant craftsmanship of the rare gems extracted from the mines of Pakistan and India adds "The Bling" to our SK jewelry collection online. SK Jewels USA provides Trendy, Classy, Party wear, Gold-plated, Costume Fashion, Fresh Water Pearls (with CERTIFICATE), Gold Vermeil and Real Stones Jewelry. South Asian Jewelries have refined details, attention-grabbing colors, stones and Real Pearls with elegant designs which are well known as a desired commodity across the globe. USA has an increasing demand of Pakistani and Indian jewelry online.

Which is why SK Jewels USA offers their best of the very best collections at affordable prices for you at a click of a button.

SK Jewels USA, is a Pakistani / Indian jewelry brand in the United States and stepped into digital market recently with an intention of selling one-of-a-kind, elegantly unique, and trendy jewelry that every women could afford without breaking the bank.

SK Jewels USA is an online Pakistani / Indian jewelry store in the USA and based in Westbury, New York. Offering some of the most exquisite jewelry collections that are a unique blend of the traditional and modern taste and culture.

SK Jewels USA is known for their statement cocktail rings, necklaces, earrings, and gemstone collection. If you're in love with fine Pakistani / Indian jewelry in the USA, then you must check out their collections. SK Jewels has an extensive selection of necklaces, earrings, head pendants, stunning rings, bangles, and list goes on.

Inspired by traditional and cultural Pakistani and Indian beauty, SK Jewels USA brings you their specialized premium quality Jewelry collections of kundan, minakari, thappa, jarao, american diamond, cubic zirconia, pachi kundan, farshi, nauratan, gold plated jewelry, jewelry with real stones, and real pearls (with certificate of authenticity).

And also have bounty collection of:

- Hyderabadi Sets
- Pacholi Kangans
- Kundan Minakari Rings
- Kundan Rings & Bangles
- American Diamond Rings, Bangles, & Sets
- Cubic Zirconia Rings, Bangles, & Sets
- Chokers
- Pendants
- Bracelets
- Head Pendants
- and MUCH MORE ...

New Arrivals Coming Soon!





www.facebook.com/skjewelsusa













NaVetor cloud software is a modern, efficient, beautifully easy way to streamline your workday and navigate your business. Its intuitive design allows you to see a quick snapshot of practice activity, maintain complete electronic medical records, manage the health of your business, and save time. And with a mobile app, an ever-growing list of integrations, a free boarding module, and award-winning 24/7 tech support from Patterson.





A modern, efficient, beautifully easy veterinary cloud software designed to help you navigate your business.

THOUGHTFUL INTUITIVE DESIGN

Easy to use with every detail thought through, to maximize efficiency and minimize steps.

Organize your day, manage patient workflow, save time with a host of integrations, and keep your finger on the health of your practice. NaVetor contains all the features you would expect from an industry-leading Cloud Based Veterinary Practice Management Software.





FEATURES



Dashboard

Save clicks and time with workflow management tools that keep you on track and help you move quickly from task to task.

Whiteboard

Maintain a quick snapshot view of everything happening within your veterinary practice with NaVetor's finger-on-the-pulse whiteboard.





Medical Record

Efficiently create and maintain paperless medical records for each patient, so you can make better decisions, manage treatment plans, and capture charges electronically.



Labs

Save time, eliminate manual data entry, and capture every charge. NaVetor now offers two-way integration with reference labs and laboratory equipment from IDEXX, Antech, and Zoetis. You can automatically request lab tests from the software and download results into the patient record.

Payments

Swipe your client's credit or debit card to instantly process payments with integrated, secure payment processing. Within NaVetor, simply turn on the integration with Global Payments Integrated to enjoy.



IDEXX VetConnect PLUS Integrated diagnostics

Mobile App

NaVetor now comes with a handy mobile app – part of your software subscription — which allows you to complete most client-facing tasks, from check-in to check-out, on a phone or tablet.

Billing

Streamline administrative processes and easily manage the business side of practicing veterinary medicine.



Inventory

Save time and improve accuracy when you manage your inventory electronically. NaVetor's intuitive, streamlined approach allows you to quickly and easily add or update the products you keep on hand.



Market

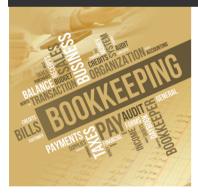
Great client communications is a hallmark of great veterinary practices. Easily send text and email reminders and birthday greetings right from NaVetor through Patterson's ePET Lite, which is built into the software. And with Patterson's Reputation Management solution, you can send unlimited surveys tailored to each client based on visit type, post positive feedback on your website, and encourage clients to post positive reviews on public review sites such as Google and Yelp.







CPA Clinics delivers tax and business formation and financial advisory services to clients throughout the USA and around the globe. CPA Clinics brings world-class resources and exceptional service to each and every one of our clients. We currently serve more than 400 publicly traded domestic and international clients. CPA Clinics provides a full spectrum of tax, accounting, and assurance services; financial, risk, and transaction advisory services; valuation, forensic, and litigation services; technology consulting and managed services; and extensive portfolio of specialty and niche industry practices.



Accounting

We provide you the freedom to focus on your business, knowing you will receive accurate and detailed books every month.

Our comprehensive and timely bookkeeping and accounting services allow optimal business decisions to be made. Contact us today to avail accounting services.



Company Filing

We are in the business of helping you start your business, form and register your business, and file the necessary forms without the guesswork.

Just focus on growing your business and let us professionally handle your company filing services. Contact us today!



Corporate Finance



Effective financial management services enable smooth running of the business and facilitate achievement of business goals.

Do not know how to assess company performance? We leverage technology with expertise and experience of our team to provide you the insights to assess and grow your business.



Credit Repair Clinics

Interested in Getting A Car, Home, Credit Card, Or Even A Job

No worries, CPA Clinics' Credit Repair Services Empowers Every Individual to Achieve Credit Scores They Deserve & Enjoy A Lifestyle of Greater Opportunity! Contact us today to avail services.



Internal Controls

Let Us Help Drive Efficient and Effective Internal Controls

Our Certified Internal Auditors (CIAs) and Certified Public Accountants (CPAs) spend time to understand your business and requirements and provide the best services possible for your business.



Payroll Management

Pay Salary Easily and Comply with Regulations

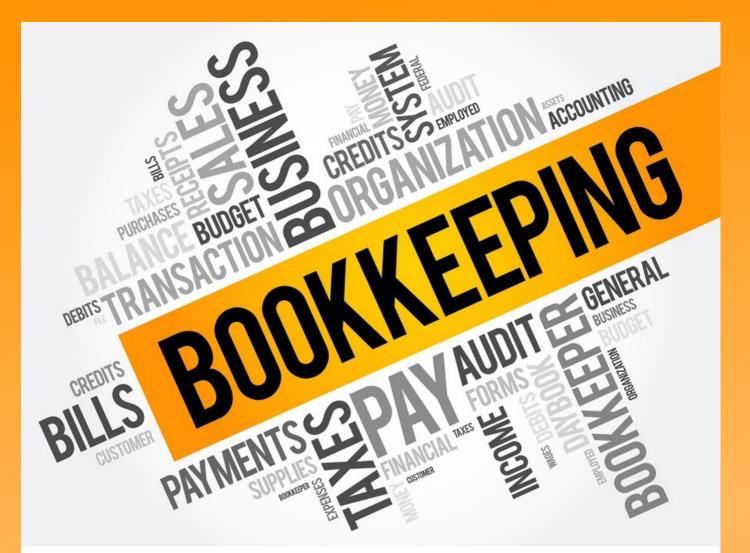
Are you having payroll and reporting headaches? We specialize in the complexities of payroll processing and taxes, as well as compliance with government regulations.



Tax Management

We Help You Keep More \$ In Your Wallet

We take pride to be amongst the lowest priced CPA Tax Preparation and Filing Service Providers and are here to assist you to keep more money in your wallet.





Bookkeeping Services 1 Month Free Trial

Do you think that finding an individual with a calculator and a basic understanding of accounting is all you need for your business? We would request you to think again.

Even if you just consider at cost perspective without considering the experience and quality of service, a junior-level accountant would cost you way more than our experienced team of Certified Public Accountants and Certified Internal Auditors. We aim to assist everyone, regardless of the business size. Depending on business volume, we have customers even at \$150 / month with software cost included.

Unbelievable! Yes, we know! We are happy, that we can assist!

Now, you do the match. An accounting software license will alone cost you around \$100 / month. By the time you add the junior accountant salary and overheads, you are talking way over \$150 / month. We are here to assist you. Now you add our competitive edge. Partnering with us would not be an expense but an asset. Accounting is no more about just record-keeping but it is now more about value-adding as well, providing a deeper sense of the numbers (state of the business and identifying areas of enhancements). If your accountant is not providing you the dashboard and key performance indicators, then you are missing out!

Our bookkeeping services are near you and provide you timely services. We are different than other outsourced accounting services providers. No more waiting for a couple of days or weeks to get answers. Our team will partner with you and be available to address the questions within the business day.

Not many companies can guarantee that level of service and at such a low price point, but we are proud of that commitment.

We have helped small home businesses to Fortune 500 companies from multiple niches. Industries include [but are not limited to] agricultural, e-commerce, food traders, graphic designing, health care, marketing, oil and gas, real estate, restaurants, retail, security and safety guards, software development, transportation, and web development. Companies providing Certified Public Accounting services also connect with CPA CLINICS to provide them with Outsourced Accounting Bookkeeping Services for their clients.

CPA CLINICS provides a range of services including bookkeeping, payroll processing, finance management, capital raising, credit repair, internal control, and tax. If you are thinking to form a new company, then you may consult us as well.



MARKETING WORL

SITE

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ONPAGE

CONTENT

Search Engine

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TRAFFIC

Marketing your brand online is a challenging task. At Sharina World, we deliver results by marketing your brand online using our unique Brand Marketing Techniques!

SEO Services

We will help you rank your website higher on Google, the widely used search engine in the world. Get dedicated strategies with Sharina World SEO Professionals who work with passion to fulfill your personalized need; make your brand rank higher on the search engine result page.

Social Media Marketing

Social Media Marketing provides opportunities to target the interested audience and build strong and trusted relationships with them. At Sharina World, our team will analyze the market, assess your competitors, and build the most effective strategy to target the right audience for productive feedback.



Google Ads

Google ads give you ultimate control to show your ads to the user according to location, keyword search, age, and devices and even you can manage days, time, and frequency of ads. Google Ads provides results faster than SEO, if you use this tool along with SEO then it will amplify the results.



Website Development

Sharina World provides Custom Website Design and Development services globally and is recognized as an industry leader, as we have a team of experienced Web Designers and Developers committed to your success. We follow the market's latest trends and techniques so that you can get the best of everything.













Get Featured on Sharina World

Sharina World is a vast platform that provides education, training, professional services, and opportunities to connect, grow, and get recognized. We support everyone to outgrow the barriers that are keeping them away from their true potentials. We help our clients to build their Digital Portfolio at minimal cost and get online presence with benefits of Sharina World's URL and domain authority along with Google My Business profile. This builds global network and customers.

Feature In A Magazine

Dedicated magazine feature helps in promoting individuals and business from around the world. Sharina World's magazine provide the best insight of the rising stars or brand stepping in the world with great potential. Sharina World believes in you and your flair, let the world be inspired by you.

Poster And Flyer Advertisement

Poster and flyers are two of the most common printed media advertising materials. They help deliver your message to targeted audience, catching their attention and urges them to buy your products and services. These advertisement tools highlight and boost your campaigns, products, and services.

Promote Your Brand

Sharina World is an immense platform that provides assistance in building strong digital appearance of their clients, helping them achieve their goals or set new trend in the digital market. Our platform connects the potential customers with the top-grade service providers.

YouTube Video Services

YouTube video creation is not only about creating video, it is about knowing your audience interests and strategically developing your content for targeted audience to gain most out of it. YouTube is a very strong digital marketing platform that provides the ultimate exposure to your brand.

Social Platform Application

Join the Sharina World Listing & Social Platform for utimate growth. Sharina World social platform application is an online global directory with connectivity, where people can list their businesses and services for potential customers. Our platform will boost your online appearance and strongly and positively impact the online marketplace.



SEO Services

Search Engine Optimization (SEO) is the process to rank your website higher in search engines like Google, Bing, and Yandex. This process improves the visibility of your website on the internet by customizing your website and implementing the latest internet marketing techniques. Through SEO we can target an audience organically which is valuable or profitable for our business.

The higher you rank in search results, the more leads and clients you will get. SEO is the most effective way to target your desired audience online. SEO is important for businesses because it provides visibility which attracts customers online. SEO has become an important factor for the business' online success.

The benefits of SEO include building your credibility, authority, and trust in the online market and you can also target your audience which leads to business growth. Prospective clients are searching your products and services online. SEO will improve your visibility to those in search results making each service, product, or piece of the content offered by your website to be the entry point for your potential customers.

How Sharina World's SEO Services Works?

SEO is the process of implementing different strategies and tactics. As we have a team of industry-leading experts, we will help you do it efficiently. A lot of variables can impact your website's ranking on the search engine result page. Sharina World's team will analyze your market and competitor's strength and devise an SEO plan to create success opportunities for your brand website to grow and rank higher.

Our team will follow ongoing tactics and strategies to give you the best results. We examine all the relevant data to refine our approach to fixating the variables that might hurt your brand's site authority. With Sharina World you are at the edge of the digital revolution. As a cutting-edge high-tech firm, we offer targeted solutions that help you attract the right audience and eventually get the best business growth. We provide fully transparent reports that show the strategies we implemented and their results, keywords performance updates, user interaction, and behavior, website health and performance, and ranking updates.

Professional SEO Services That We Provide:

- SEO Consulting
- SEO Audit
- Site Health
- Competitive Analysis
- Keyword Research
- On Page SEO
- Website Architecture Optimization
- Code Optimization

- Content Development & Optimization
- Content Marketing
- Link Building
- Social Media Integration
- Conversion Rate Optimization
- Mobile Optimization
- Service and Performance Report

NO MONTHLY CONTRACT

STARTING FROM

¢799

• And Much More

SHARINA WORLD NON-PROFIT ORGANIZATION

Sharina World Foundation was established to prevent and alleviate human suffering without discrimination. We make no discrimination as to religious beliefs, nationality, race, class, or political opinions.

Sharina World Foundation endeavors to protect and improve quality of life and health by promoting friendship, cooperation, and lasting peace amongst all peoples.

Charity is important and designed for the benefit of people in times of need in any part of the world.

Though a charity's success should not be measured only by which has the lowest overhead cost, we are proud to average 90% of donations spent directly towards the cause and the remaining 10% on overheads and fundraising.

Healthcare Charity Organization

Sharina World Foundation focuses on making care more accessible so that collectively we are all healthier. Health care charity provides free or discounted medical care for those who cannot afford to pay. We work not only to treat diseases but also to provide a long-term solution to improve health. Our initiatives include working globally with Labs and Clinics to assist us with extending health care services such as Annual Physical Exam, Vaccinations, and COVID-19 PCR and Rapid Testing. We even go a step further and provide a \$10 Amazon Self-Care Gift Reward for being a responsible citizen.



Education & Training Charity Organization

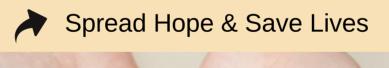
Sharina World Foundation utilizes the donated funds to help set a solid foundation by sharing education and training materials and imparting knowledge and professional training. Sharina World Foundation is committed to getting kids back to learning and your life-changing gift is very much appreciated and Sharina World Beauty Magazine will dedicate an article on the contributions received.

Inspiration Charity Organization

Sharina World Foundation inspires the superhero mindset and empowers generations to realize their potential, manifest opportunity, and triumph over self-doubt. Inspiration is fuel to keep us going and drives us to be better and be the person we dream to be. We share positive inspirational stories from around the world through our magazines. Stories are a powerful tool to touch our hearts, as these motivate us to keep progressing towards our dream. By reading about the struggles the others went through to be successful, we can relate our life situations to the stories that we read. Inspiring stories trigger an emotional pulse point in our hearts and minds when we are in a distressing situation.

SELF-CARE REWARD

Sharina World Charity Foundation rewards self-care with a \$10 Amazon Gift Card. Prevention is better than cure. If you are experiencing any symptoms of COVID-19, then you should get yourself tested to protect both you and your loved ones and avail yourself of a \$10 gift along the way.







BE YOUR OWN BOSS GROW TO YOUR TRUE POTENTIAL

Sales Representative - \$2,000 New Rep Bonus

- Tittle : Field Sales Representative
- Territory Location : New York
- **Salary :** Unlimited Earnings Earn As Much As You Can!

Do You Like To Be In Control?

It takes determination, passion, dedication, and commitment to be able to control your schedule your earnings, and future. This is not your typical sales job! You are your own boss, in control of your earnings and your work-life balance.

Are You A Self-Motivated Person With A Passion For Success?

If you are outgoing, a real "go-getter" with a positive "can do" attitude, comfortable in speaking with people and have a strong work ethic, then we would like to hear from you!

Your Individual Performance Is Rewarded

Better performance yields higher income, and you set your own schedule.



Why Choose Us?

What We Offer?

SHARINA WORLD provides multiple services including Accounting, Finance, Payroll, Internal Controls, Company Filing, Tax, Charity, Magazines, Community Platform, Personalized Gifts, Brand Marketing, IT Development, Jewelry, & Health Care. We are growing and we have multiple opportunities for sales representatives who would like to grow with us. We offer an uncapped earning potential, and the opportunity for advancement. We are currently seeking highly-motivated Independent contractors in New York. Are you a driven, energetic, and helpful sales professional looking to make great money? Be rewarded for your performance with uncapped commissions and minimum \$500 per month! Stop searching and start growing your sales career and business with SHARINA WORLD.





What Is In It For You?

- \$2,000 New Rep Bonus Limited Time offer
- Minimum Weekly Pay With Unlimited Upside Potential
- Uncapped Commissions
- Flexible Schedule
- Growth Opportunities
- Consistent Year-Round Work



Minimum Qualifications



- High School Diploma or GED
- No experience No problem Training Provided
- Job Type : Contractor
- **Pay** : \$500 per month + 10% Commissions
- Language : English or any other language (Preferred)
- Work Location : New York

To get more information and to speak with one of our hiring managers who will help you set up an interview please call us on 516-464-7444 or apply by clicking the link https://sharinaworld.com/sales-representative/

- Working Hours : 12:00 PM 9:00 PM
- **Phone :** +1-516-464-744

Join Us

Apply Now

COMPETITION 🧷

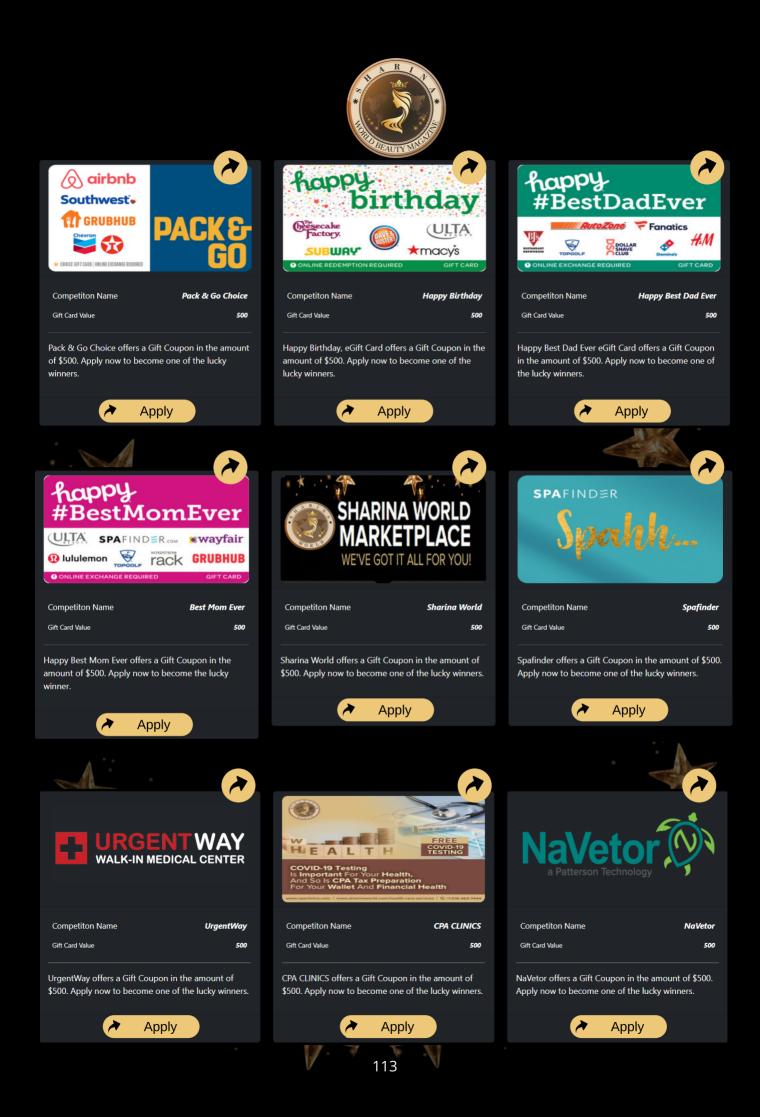
Many service providers and business owners are featured with Sharina World, and like us, they also wanted to give value to their consumers. We created an opportunity for businesses like Restaurants, Personal Health Care Centers, Spas, Nail Salons, and many more – as well as the service providers including but not limited to Doctors, Lawyers, Accountant, Painters, Carpenters, Locksmiths, Painters, Engineers, and Architects, to get recognized in the community of their specific consumers.

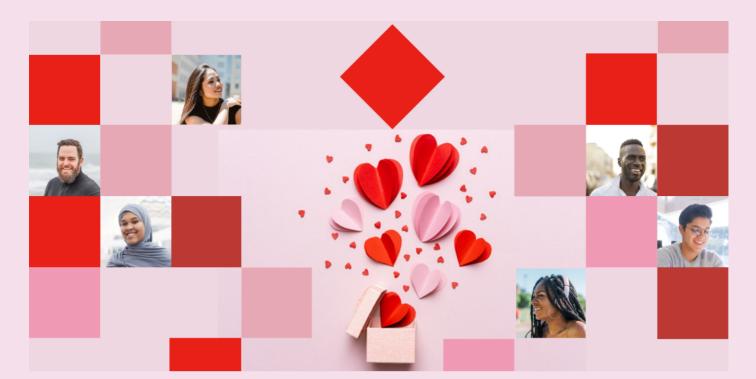
Whether you are a provider or a consumer, Sharina World is going to benefit you a lot. Working together with providers, we created a special competition on our platform. In this competition, consumers can take part by following just a few simple steps in their favorite category available, and become a lucky winner of several hundred dollars GIFT CARD.

GIFT CARD

The participation process is pretty simple, it works on a "GIVE AND TAKE" formula, which means for taking part in the competition you have to Like, Comment, Follow / Subscribe, and Share the social links given in the form. Moreover, you will need to provide the social profiles you used to interact with as well for verification of engagement.

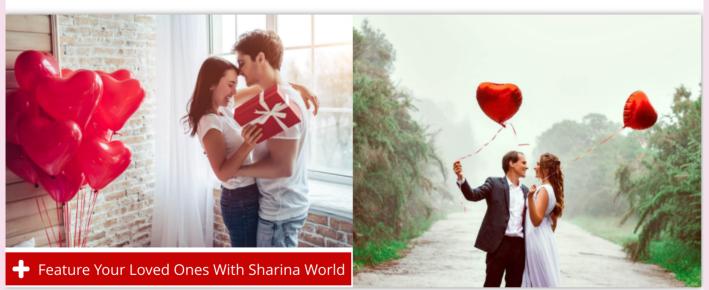
Register For Sharina World Competition





MAKING OCCASIONS SPECIAL AND MEMORABLE

Feature On Sharina World Social Platforms



Sharina World will feature your loved ones on their all social media channels.



Feature On Sharina World's YouTube Channel











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CANVA STORIES



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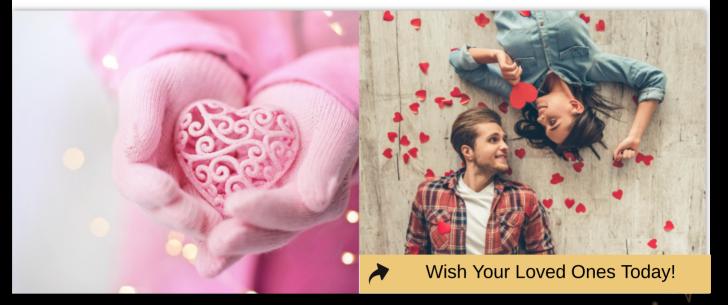
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Feature On Sharina World Magazine



Features 1 Page Left & Right Digital Magazine Copy Highlight Your Skills, Talent, Qualifications, Products, & Services On Magazine Personal Story On Magazine Shared Space Magazine With Cover. Personal Wishes Promotions, Milestones, Retirements, Birthdays, Wedding, Anniversary, Christmas, Thanksgiving, Valentine's Day, Best Relative / Friend, & Much More Photographs On Magazine Video On Magazine Printed Magazine Copy - Printing & Shipping Cost Separate Additional Page \$5 / Page (Left & Right) **Option: Make It Exclusive Magazine At** An Additional \$30 (6 Personalized Pages Included) 117

Starting From Only

SHARINA WORLD MARKETPLACE WE'VE GOT IT ALL FOR YOU!



Urgent Care And Walk-in Primary Care



As A Health Care Self-Care Reward For: Annual Physical - COVID Testing - Vaccination

SHARINA WORLD S

A non-profit 501(c)(3) organization, globally provides education, skills training, inspiration, empowerment, and improved health care and appreciates your tax deductible donations and contributions.

CURE PARTNERS

A trusted development partner that specializes in architecting, developing and launching Medical, Dental and Veterinary solutions using latest cloud technologies, mature processes and industry knowledge.

CP solutions have powered some of the leading EMR and Veterinary products, serving thousands of customers in North America.

USA MED CLUB HEALTH SERVICES

We offer affordable health services plans starting from as low as \$79/month. Our services will help protect you and your family at most affordable price.



A modern, efficient, beautifully easy veterinary cloud software designed to help you navigate your business.

Custom development – Dedicated development team with experience in Microsoft .Net, MS Azure, MS SQL Server, IOS mobile app development, Android mobile app development, and ETL / Data conversions.

ROYAL TOURS

We All Have Dreamed Of Living Like A Royal In Exotic Castles And Villas! Sharina World Fulfills Your Dreams! Fit For A Prince, Princess, King, Queen, Or Your Whole Royal Family!

CPA CLINICS









SK JEWELS USA



Offering A Wide Variety And Exquisite Range Of Jewelry Artistically Created By Experienced Artists And Designers

PERSONALIZED GIFTS



Personalized Gifts Guaranteed To WOW (Including Life Story Books, Certificates, Trophies, And Many More)

BRAND MARKETING



An Exclusive Magazine Feature That Helps Promotes Businesses And People From All Over The World



Google Ads Management -Search Ads, Remarketing Ads, Display Ads, Shopping Ads, Video Ads By Google Certified Professionals



Personalized Website Development And Maintenance



Personalized Website Page On SharinaWorld URL / Domain



Posters / Flyers Advertisement - Design And Distribution



Promote Your Brand With Website Reference Link On Country Page



SEO On-Page And Off-Page With Web 2.0 Link And Profile Page Creation



Social Media Marketing (Social Channels Posts Creation, Posting, And Engagement On All Sharina World Social Platforms)

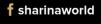


Social Platform Application (App) - Global Online Directory With Connectivity



YouTube Video Creation & Posting With Optimization

CONNECT WITH US



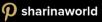
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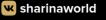
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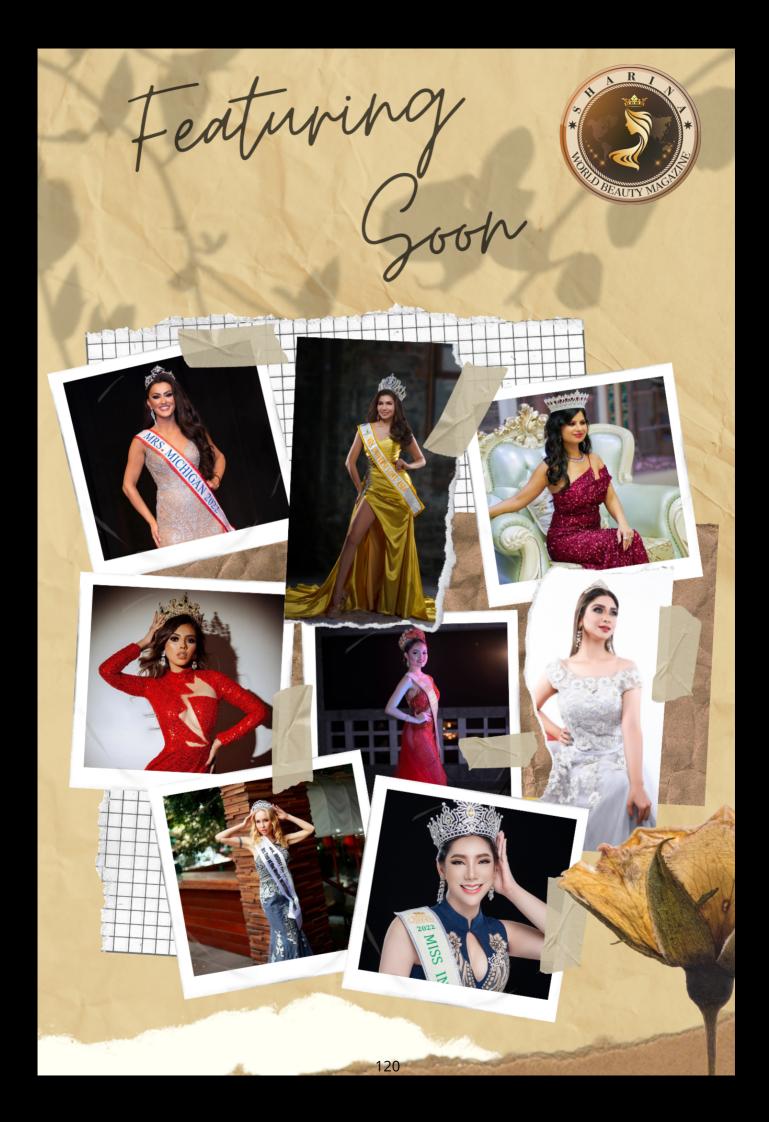


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MEET THE TEAM

Founder & CEO

Arjumand J. Khan (Shan) CIA, CPA, & Executive MBA

Global Ambassadors

Dr. Faika Khan - Chief Medical Officer Sahil Khan - Chief Development Director Olga Perstneva - Chief Program Director Dr. Sevinc Sixaliyeva - Health Advisor Dr. Olesia Sytnikova - Beauty Advisor Shandana Babar - Marketing Officer Sheila Flanagan - Contributions Director Linda Benallal - Fashion Designer Alia Rabi - Relationship Officer

Art & Design

Finn Kevin - Creative Designer Hayden Matte - Video Editor

Marketing

M. Usman **- Marketing Manager** Muhammad Faisal Khan - **PR Expert**

Website & Development

Wajahat Khalid - **Web Developer / Team Lead** Syed Umar Ali - **Web Developer** M. Hammad Malik - **Web Developer** Usman Siddique - **Web App Developer Social Media** Mariam Salman - **Social Media Executive** Sidra Jaffar- **Social Media Executive** Iqra Umer - **Social Media Executive** Elvira Perstneva - **Social Media Executive**





























Get Featured Among Global Talented Stars To Promote And Connect Yourself For Success And Stardom!

Click Here To Share Your Inspirational Story

